#### STRUCTURING LEARNING AROUND PRIMARY CONCEPTS

#### Introduction

Learning is a powerful tool that nourishes our minds and brings contentment to our souls. No knowledge exists without the meaning the learner attributes to it. In order to develop future opportunities, learning is a continuous process that requires acquiring competencies, knowledge, and skills. On the above of this, knowledge is available at our fingertips and is not as difficult to obtain as it was before. But it is also an active process where the learner makes sense of sensory input through construction. For this purpose, constructivism is a good way to look at learning, which is based on how students build knowledge out of experiences. The idea that learners should be active has been accepted by educators, who believe that in order to participate in learning we must engage the learners in hands-on engagement. Considering our role as educators, what are some guiding principles of constructivist thinking we should keep in mind? In our role as educators, we must outline a few ideas, all predicated on the belief that learners construct meaning, and then illustrate how these ideas influence education.

### **Relationship between Learning and Critical Thinking**

To evaluate new information critically, one must apply a systematic process. It challenges us to consider ourselves and how we form our opinions and make our decisions in the light of our own knowledge. One of the most significant trends in education relates to the dynamic relationship between how teachers teach and how students learn. Critical thinking is pervasive and essential for boosting frequent use of individual and group active learning strategies, empowering instructors to develop tests that target the cognitive domain at high levels. At every educational level and in every teaching environment, there are numerous ways to stimulate critical thinking. When students develop strong critical thinking skills, dubious data can be eliminated, leaving only reliable information.

Therefore, it is crucial to pay more attention to improving critical thinking when planning academic lessons. According to critical teaching, reliable information is only alive in the mind. When this reliable information is understood as an inseparable component of the thinking, that produces, organizes, analyzes, synthesizes, evaluates, and transforms it because learning content

cannot be completed since thinking is never complete. Furthermore, nursing instructors may be encouraged to prepare appropriate learning environments by learning more about the dominant learning styles but, when students are trained according to their strong critical thinking skills with learning styles, the results are more positive. This will not inseparable component.

### **Teaching with Critical Thinking**

First, teachers must let go before they can teach critical thinking. Be confident that your students will grasp it! Improvements may not be immediately apparent, but as the time moves on, this result will notice improvements. However, in order for students to develop their own opinions, it is helpful to teach them a variety of strategies for thinking critically about the ideas they encounter. The goal of every teacher is to encourage students to use critical thinking in their learning work. Students who are able to think critically and accomplish this learning work become better problem solvers. A critical thinker is someone who can take mature information and analyze it, form conclusions, and defend arguments.

This ability to think critically goes beyond memorization in that it encourages students to connect concepts, solve problems, and think creatively. This can be incorporated into the classroom in a number of ways, either as discrete activities. Teachers should emphasize decision-making as much as possible since critical thinking skills involve applying knowledge and evaluating solutions. In educational reform, an important concept is critical thinking, which places an emphasis on skills that are applicable across subject areas and in all kinds of careers. This is also a central concept in reforms that analyze how teachers have taught traditionally, and what students should be learning. Providing pupils with these skills will ensure that they develop them and continue to improve them.

#### **Constructivism in the Classroom**

There are many ways to place student learning in a real-life context. However, constructivist classrooms are often very different from conventional classrooms in many ways. A constructivist classroom focuses on student questions and interests, builds on what students already know, and emphasizes interactive learning. Although behaviorist models of learning can be useful for

understanding and influencing students' behavior, teachers generally want to understand what students think and how they can enrich their thinking.

A constructivist teacher and a constructivist classroom exhibit several distinguishing characteristics that distinguish them from a direct instruction or traditional classroom. Students are at the center of a constructivist classroom. Similarly, constructivism is another educational trend that can play a dynamic role in the relationship between how teachers teach and how children learn. The foundation of constructivism is that children build their knowledge rather than simply absorb ideas spoken to them by teachers. A successful constructivist classroom relies on four key areas to succeed, as shown in this activity:

- 1. Learning from each other's experiences;
- 2. The sharing of authority between teachers and students;
- 3. The role of the teacher is to guide and facilitate; and
- 4. Student learning groups typically have a few members;

Collaborative learning is a critical component of constructivism in the classroom. There are many reasons why collaboration enhances learning. This is because it enables students to learn not only from themselves but also from those around them. According to constructivist theory, individuals and groups of learners are expected to construct their own knowledge. Whenever a learner encounters a problem in the environment, she or he must apply a repertoire of concepts and skills to solve the problem. It is the role of the teacher and other learners to provide the environment, provide the challenges, and offer the support that will encourage cognitive construction.

# **Development of self-esteem**

Each child is truly unique, and the truth is that not all children think critically, regardless of what they do. Utilizing targeted strategies and approaches is key to making brains act. As a teacher, it can do more to build students' self-confidence than just offering them valuable feedback. However, it's important for students to have healthy self-esteem both inside and outside the classroom, but many children need guidance on developing this positive and self-perceptions. That's where their mentors come in. Their self-esteem plays a significant role in influencing their learning engagement and achievement in the classroom. This can be defined as the difference

between one's perception of oneself as a learner and what one considers ideal learning. For a child to develop skills, be resilient, and embrace full potential both inside and outside the classroom, he or she must have a healthy sense of self-confidence.

There are times when children learn self-esteem through non-verbal messages or something as simple as how they are handled as infants set a pattern for how they will handle themselves in the future. Regardless of who takes care of them, children know when caregivers are sensitive or insensitive to their physical needs. Based on their caregiver's sensitivity to their needs, children begin to form core feelings about themselves. Find out what a child can and cannot do without support their learning, then design tasks and activities that are not so challenging for them. When they can use their new skills, they feel good about themselves, but it is challenging to design tasks and activities with their perception. This can lead to a child's self-esteem being low, even if it can be raised.

# Main components of learning

Humans are social creatures and their learning is distributed across persons, tools, and activities in their social context. Unlike behavioral and cognitive theories of learning, the sociocultural perspective posits that higher-level cognition in people is rooted in society. In the classroom learning relationships are crucial even classroom management. Learning to teach is based on the assumption that participating in a class will help students gain a deeper understanding of what they learn. To achieve child learning, teachers need to acquire the knowledge, behaviors, attitudes, and skills necessary to perform their tasks. Three main components of each Fundamental

## 1. Making meaning

- a. Thinking critically, creatively, and metacognitively;
- b. Connecting prior knowledge to new learning;
- c. Using language, symbols, and texts;

# 2. Participating and contributing

- a. Engaging with others in learning;
- b. Communicating ideas, feelings, perspectives, and understanding;
- c. Relating to other people's ideas, feelings, and experiences;

### 3. Managing learning

- a. Taking personal responsibility for learning;
- b. Adapting learning tactics;
- c. Persevering with challenges;

Teaching style must be based on a learning philosophy; students should be taught this. Map out to students how it helps them learn, so they know what it is doing and why, and will be more inclined to support. Knowledge is valuable for its utility, but it must also prepare us for the rest of our lives. Good teachers are those who are always aware of the sociocultural and political contexts when considering different aspects of teacher education and development. A teacher's knowledge goes beyond what is contained in a book, no one disputes that, but knowledge is more complex than knowing and using facts.

### **Learning with positive**

The key to success is to keep learning no matter what level of education it has. This can benefit from a positive mindset in a number of important ways. According to education experts, school and classroom management focuses on teaching and establishing self-control in students through positive behavior. Learning with a positive attitude makes it easier to stay focused, remember, and absorb information. Positive thinking cannot be turned on or off. The first step is to start talking positively. It is possible to have both positive and negative automatic thoughts, and some of the self-talk can be rational and logical.

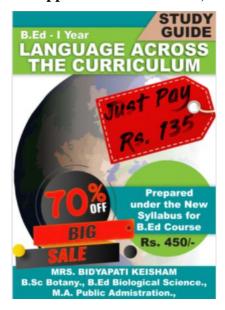
If a child thinks more positively, he or she is more likely to pursue those options. So that they have more options in life, they acquire new skills and develop existing ones. Positive thinking is an emotional and mental attitude that anticipates positive results and looks for the good in every situation. Students are more likely to attend school when the climate is positive, thus helping to cure many school woes. It also reduces stress among teachers and students, as well as boosts a more positive mindset overall. It is important to be challenged in order to learn. It is necessary to teach a child how to look for the positive in any situation, no matter how trivial. The practice of gratitude reduces stress, improves self-esteem, and helps individuals maintain their resilience even during times of considerable stress. It is important to teach them how to track academic performance and the study behaviors that predict academic success. Positive thinking may have a

greater influence than we realize. Positive thinking is a great way to keep a clear mind, stay energized, and stay on top of things, and also affects others around. In this way, students can apply what they've learned to different scenarios, weigh the pros and cons of different solutions, and then decide what's best.

#### Conclusion

Most students are concerned with what they are expected to do in class and how that will be measured. As a school, It apparently becoming successful in producing students who pass tests and jump through hoops. But, is educational system producing students who are positive about teaching and learning and who are able to think critically and creatively? It is important to consider this classroom environment and the strategies that are used to cultivate critical thinking skills in students and self-esteem. In order to achieve learning standards, every learner uses the fundamentals of learning during every classroom activity. So, they impact all aspects of planning and teaching, including content, learning activities, tasks, resources, the language used, and students' and teachers' roles. In order to improve our students' academic performance, we must spend more time in the classroom. The teacher can play a vital role in teaching their students to think positively. They will then be able to witness the amazing transformations that happen when students begin to believe in themselves in the learning.

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